

#### "Engaging in activities, programs & services that support our Age-Friendly Community"







in partnership with the District of Ucluelet and the Westcoast Community Resources Society

#### WC SENIORS HUB - 2018 SPRING FORUM - ACTIVITY REPORT (CONT'D)

6. **Roundtable discussion:** reviewed and discussed draft 'Advisory Committee – Term of Reference'. Involvement as committee member would be 'hop on- hop off' in nature. Advisory Committee participation criteria were simple: participants should be registered members of the WC Seniors Hub and be 50 years of age or older to represent Senior community input and feedback. The committee involvement would be open, flexible and inclusive. The committee would meet 4 times a year to advise and consult with the Program Coordinator regarding program events and activities. In response to a roundtable call for participants to join the WC Seniors Hub – Advisory Committee, the following individuals volunteered:

#### ACTION #1- Established the WC Seniors Hub - Advisory Committee

Marla Thirsk, Marilyn McEwen, Diane Harskamp, Randy Oliwa, Vaida Siga, Kartharine Fleming Partner Reps - Barbara Gudbranson (DoU), Margaret Morrison (WCRS), Ursula Banke (AVEC)

7. **Roundtable discussion:** reviewed and discussed options regarding where to locate the office as well as where the program activities and events could take place. Participant general health and mobility needs as well as transportation would need to be considered when choosing program activities. Forest Glen staff announced their Sunshine Club meets Wednesdays from 1-3 and that they were planning a 'Strawberry Tea' in June.

Office Location Options:

The back office at the UCC Teen Room was identified as available. The teens do not use that space during the days so it could be made available during the daytime until 3pm. This space would be an 'inkind' donation from the DoU.

Location Options for Program Events & Activities:

- a) UCC Teen Room for activities during the daytime until 3pm
- b) One participant offered her home as a possible venue for some activities.
- c) Forest Glen (Sea View Seniors Housing Society) is a appropriate for senior program activities.
- d) Future partners may provide space for programs libraries, schools, aquarium, trails
- e) Outdoor activities throughout the community (sidewalks, beaches, WPT)
- f) Outreach activities Inter Community participation & partners

## ACTION #2 - Established the locations for offices and program activities and events

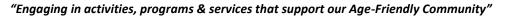
Office Location – Teen Room (available daily until 3pm)

Program activities & events – Teen Room, Forest Glen, community partner locations

8. The group took a half hour break to have lunch and visit.

# Westcoast Community Resources Society - Seniors Hub

P.O. Box 868, Ucluelet, British Columbia V0R 3A0 Phone: (250) 726-2343 Fax: (250) 726-2353





COASTAL CONNECTIONS



in partnership with the District of Ucluelet and the Westcoast Community Resources Society

### WC SENIORS HUB - 2018 SPRING FORUM - ACTIVITY REPORT (CONT'D)

#### 9. Roundtables #1 & 2 – Program, Events, Activities - 6 month Action Plan

# 2018 Spring Forum - Action #3 - Program Activities & Events - Roundtable #1

Exploring Ideas

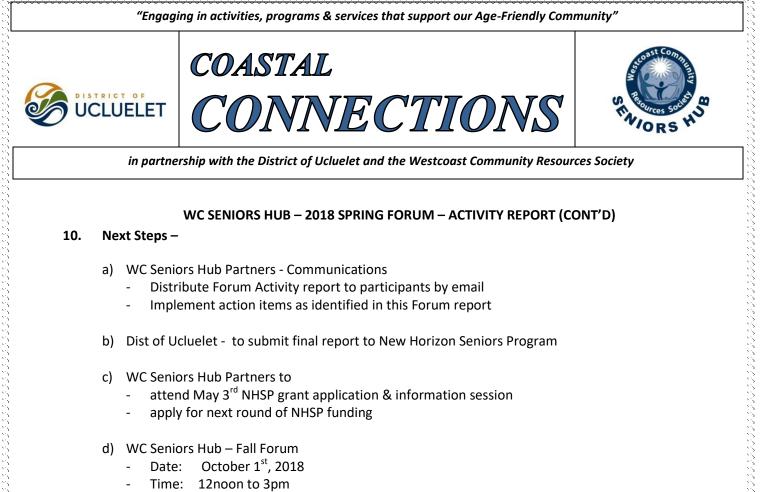
Ideas	Programs	Activities	Events
1	Arts & Culture (All)	Walking, excursions, tours, Easel Nests, arts & crafts, knitting, painting,	Inter community events
2	Emergency Preparedness	Games - bingo, euchre	Forest Glen - openhouse, tour
3	Fitness	travel, field trips, armchair travel, travel presentations	High Tea
4	Cooking & Nutrition	host a themed 'social'	Celebrate Canada's Seniors' Day - October 1st (also UN International Day of Older Persons)
5	Health, Wellness & Selfcare	senior spa, Friday Social	BC Senior Games
6	Respite & Hospice	Dog walking, pet visits	Senior closet exchange
7	Education & Workshops	Taxes, technology, wills, legal, Power of Attorney	annual WPTrail Scavenger Hunt
8	Volunteering	Gardening, Music, local Wheels for Wellness - Tofino appointments, meals on wheels	Volunteer Fair

## 2018 Spring Forum - Action #3 - Program Activities & Events - Roundtable #2 Establishing Priorities - for the next 6 months

Events
Craft Demonstrations & Arts
Seniors
er Hunt
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ub - Fall Forum to be held on Oct 1st

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- Place: Ucluelet Community Centre
- 11. 2018 Spring Forum concluded as scheduled at 2pm

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